

Basket planting and relaxing pastimes at The Old Downs Residential Care Home



Basket planting

Last week our residents enjoyed starting their planting, getting ready for the summer season here at The Old Downs Residential Care Home.

They arranged their own baskets with **flowers**, using their **individual creativity**. It was quite a messy business, but everyone thoroughly enjoyed it and we're looking forward to doing more soon.

Relaxing pastimes

Our residents also spent time relaxing and resting after a busy week.

We all thought it would be a good idea to have some time to enjoy the simple things in life like **colouring**. This activity offered a good opportunity to sit quietly, enjoying each others' **friendship** and keeping up our coordination skills.

We all thoroughly enjoyed this peaceful time together.



