

Breast Cancer Awareness at The Old Downs Residential Care Home



To mark Breast Cancer Awareness month here at The Old Downs Residential Care Home, our residents took part in our annual 'Wear It Pink' day.

Our lovely **Recreation and Well-Being team member Dee** spoke about the importance of checking your breasts, for both men and women, and being aware of changes in your body.

Afterwards, our residents enjoyed a lovely sweet trolley with some nice pink bubbly and cake. Everyone residents thoroughly enjoyed both the talk and the yummy treats!