

Celebrating international days at The Old Downs Residential Care Home



We came together to celebrate 'National Day Of The Tropics' on Tuesday 29 June here at The Old Downs Residential Care Home.

As a tasty treat for our residents we made **tropical smoothies**, blended with fresh orange and coconut milk. The smoothies went down a treat and looked excellent with our exotic straws!

Continuing the international theme, on Thursday 1 July we marked **Canada Day** by serving traditional **pancakes** and **maple syrup**.

Our ladies and gents loved being with one another and the sweet and sticky pancakes were a big hit with a nice hot cup of tea.

Delicious!