

Celebrating St Davids Day at The Old Downs Residential Care Home



Popcorn and movie afternoon

Residents at The Old Downs Residential Care Home had great fun on Friday 26 February making sweet and savoury popcorn, which they enjoyed during a movie afternoon.

St David's Day

We had a wonderful time celebrating **St David's Day** on Monday 1 March, with a creative arts and crafts session making colourful flags and daffodils – the national flower of Wales.

For lunch, our Kitchen team served a delicious chicken and leek casserole with a glass of Welsh stout. In the afternoon our residents ate traditional Welsh cakes and cupcakes with a nice cup of tea.



We enjoyed wonderful Welsh treats for St David's Day