

Crumble and Creative Mojo at The Old Downs Residential Care Home



We've been getting creative here recently at The Old Downs Residential Care Home.

We welcomed the ladies from **Creative Mojo** to our **Home** for a wonderful arts session last week, where our residents used dyes and collaging methods to decorate elephant cut-outs. They created a stampede of wonderfully colourful creatures!

Our ladies have been busy making **apple and plumb crumble**, which is a particular favourite with us. They enjoyed mixing the ingredients and of course tasting the fruits of their labour – delicious with custard, yum!

Our ladies and gents have also been getting active outside in our garden, as we held our very own **sports day** here at our **Home**. We saw some impressive ball skills with target games, skittles and table tennis. It was lovely to make the most of our garden and see so many residents getting involved.









