

Doreen lends a helping hand at The Old Downs Residential Care Home



One of our residents Doreen loves helping out around The Old Downs Residential Care Home.

This week she has helped our Kitchen staff to peel carrots and parsnips, which they were very grateful for.

These small jobs can provide a real sense of purpose and pride. Doreen said, *"I do love to help and to get going."*

Thank you for your helping hands Doreen – they are always much appreciated.