

Gardening Club residents plant seeds at The Old Downs Residential Care Home



On Tuesday 20 April a group of our residents from The Old Downs Residential Care Home joined in for our gardening club.

We planted **sunflower seeds, cornflour seeds** and various **plants**, with everyone enjoying getting 'hands on'. Many of the seeds are for 'butterfly attracting' flowers, so we hope we'll encourage lots of butterflies into our garden during the summer months.

Once the work was done, our residents enjoyed well-earned **tea and cakes** in the garden.

As Jean said, "*You can't beat fresh air!*"