

International Tea Day at The Old Downs Residential Care Home



On Friday 21 May a group of our residents at The Old Downs Residential Care Home joined in to celebrate International Tea Day.

The day aims to raise awareness of the long history and deep cultural and economic significance of tea around the world, and promote the sustainable production and consumption of tea.

Our ladies and gents really enjoyed each other's company as they sampled a selection of different teas, including **peppermint and strawberry, liquorice and spearmint, raspberry and lemon, Earl Grey and Super Green tea.**

And who doesn't love a good cuppa...especially when it's accompanied by a piece of delicious cake?!



Time for tea!