

Nutrition and Hydration Week mocktails at The Old Downs Residential Care Home



On Tuesday 12 March our lovely residents and team members at The Old Downs Residential Care Home joined in to make delicious mocktails for Nutrition and Hydration Week.

Our residents thoroughly enjoyed their **strawberry daiquiris, orange fizzes and pina coladas** – *and why not!*

We all had a lovely time enjoying our refreshing drinks in their cocktail glasses; *the perfect way to keep hydrated.*

