

Sandwich making and breakfast club at The Old Downs Residential Care Home



On Thursday 27th July our residents at The Old Downs Residential Care Home enjoyed making sandwiches together for evening tea.

Everyone chose which bread and filling they wanted and got to work! Fillings included **peanut butter, chocolate spread, jam and marmalade** and our platter of tasty sandwiches appeared in no time!

The activity was a wonderful way to **socialise** and for many of our residents it **brought back memories** of making sandwiches for their children.

Continuing the foodie theme, our residents enjoyed **making their own breakfasts on Friday**, when they had tea, juice and toast. This brought conversations to the table about how they used to do this at home and if they preferred jam or marmalade.

It's wonderful to see our ladies and gents engaged in these tasks together which spark reminiscence and discussions of their homes and families.





