

Sensory activities and scone making at The Old Downs Residential Care Home



We had a wonderful day of activities here at The Old Downs Residential Care Home on Wednesday 20 January.

Sensory fun

In the morning, our residents thoroughly enjoyed our **sensory smell** and **touch activity** when they got to smell different scents and touch a variety of textures. We had a range of herbs and spices to delight our **noses**, and different textures – from playdough to pasta – for our **hands** to experience.

Activities like these are lots of fun and allow everybody to get involved. They are also a great way to stimulate conversation!

Afternoon tea

In the afternoon we held a **scone making** session, which we all enjoyed. We took our time to roll out and cut the scones and after we had baked them, we hosted an **afternoon tea** where we serve them on cake stands (they looked very professional!).

Our residents enjoyed them with clotted cream, jam and a nice hot cup of tea. *Perfect!*



