

## **Sports Day games at The Old Downs Residential Care Home**



**Our residents and staff loved taking part in our Sports Day last week at at The Old Downs Residential Care Home.**

We played **skittles** and **table tennis**, tried **hula hooping** and had great fun with our **egg and spoon races**!

Our ladies and gents thoroughly enjoyed winning their little **trophies**.

Everyone had a great day embracing sports in the sunshine and fresh air.





