

The Old Downs Residential Care Home hosts Share a Heart coffee morning



We held a special 'Share a Heart' Coffee Morning at The Old Downs Residential Care Home on Friday 17 July.

We've received a selection of beautiful **handmade hearts** by the **Charity Silk Elephant**, in support of those facing difficulties during the COVID-19 pandemic. We decorated our tea table with the lovely hearts and our ladies loved feeling them and admiring the handiwork.

The hearts have been made with love from creative volunteers from all over the UK as part of the **#GiftofaHeart campaign**.

We were so delighted to receive our hearts and the special poem which accompanied them. Such a thoughtful gesture which we all very much appreciated.

*Take a heart
And hold it close
Think of loved ones
You miss the most

Take this heart
And give it a squeeze
Once, twice
Or as many times as you please

Take this heart
And close your eyes*

*Imagine your beloved
Right there by your side'*

Jo Deighton – April 2020

Tingley, West Yorkshire

Creative Volunteer, Silk Elephant



Poem written by a Creative Volunteer, Silk Elephant