

## The Old Downs Residential Care Home residents enjoy gardening and cheese and wine



### Time in the garden

Last week some of our residents joined in for gardening club here at The Old Downs Residential Care Home.

We enjoyed **watering our beautiful plants** and seeing how much our **vegetable crop** has grown. It was such a lovely afternoon in the sun, with plenty of smiles and fresh air!





## Cheese and wine

On Sunday 4 September a group of our residents joined in for a **cheese and wine tasting** afternoon.

We served a variety of cheeses to try including edam, cheddar, apple smoke cheese, Wensleydale, blue stilton, camembert, garlic and herb soft cheese and Jarlsberg. *Yum!*

Our residents loved socialising with one another over a glass of wine and had a great time.

*What a delicious way to spend an afternoon!*

